
DEAR DEVOTEES

FREMONT  **HINDU TEMPLE**

News Letter



To avail of Tax exemptions, please consider donating to Temple

All donations made to Temple are Tax-exempt. To receive a receipt for the donation, please write a check to Fremont Hindu Temple



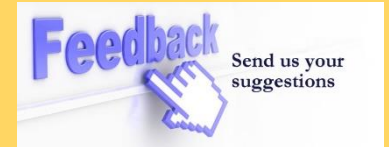
Donate to Temple Online

The Temple is a non-profit organization run by devotees for devotees. The Temple's main income is through devotee donations and sponsorships. We urge all devotees to donate generously to the Temple so that we may continue to serve your religious and even better programs to cultural needs and provide you. you can now donate online by clicking on the link below.



<http://fremonttemple.org/donate.php>

Vedic Dharma Samaj is a non-profit, tax exempt religious organization. It is dedicated to serve the religious and cultural needs of the Hindu community.



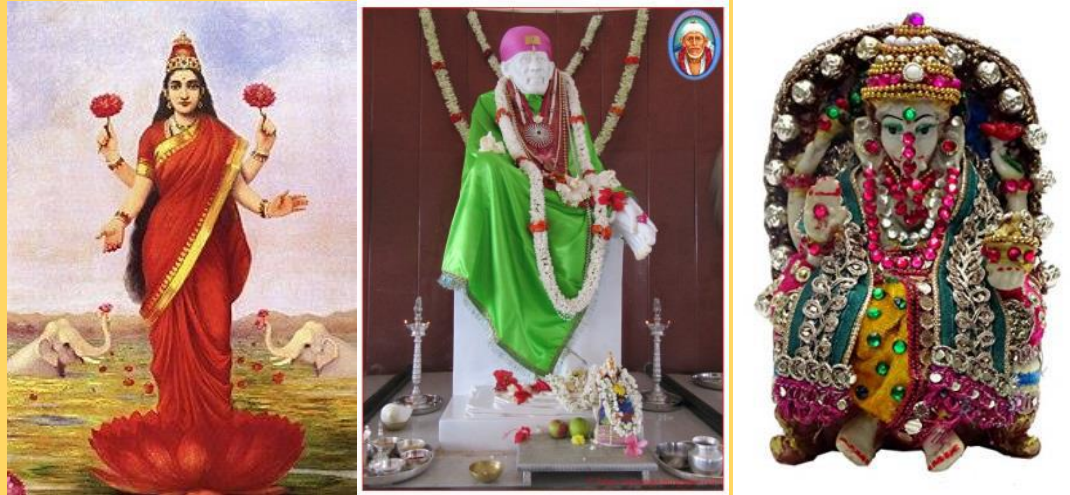
(Non-Profit Tax-Exempt Organization Tax EIN No.: 94-274-2511)

Any suggestions /comments/observations about Temple and/or about this newsletter

Please call or e-mail: 510-299-9771, deepakchhabra@pacbell.net



Special programs for the Month of July 2019



Please contact Admins to handover Vastra / Poshak for any diety along with a payment of \$21.

Idols will be dressed up with your Vastra / Poshak on the day you requested

(A) \$21 along with Vastra for Sai Baba

Clothes (Dress) for Baba: Baba's dress changed often after holy bathing daily comprises of (1) Outerwear of Kafni and headgear which can be either cotton, satin or silk in any color except black. (2) Innerwear which is white cotton and (3) Scarf or angavastra which can be satin, silk or cotton contrasting or matching color of outerwear

(B) \$21 with Saree for Lakshami Ma

(C) \$21 with Vastra / Poshak for any other diety

Tuesday, July 2nd 2019

Lord Sri Jagannath

Netrotsava, Naba Jaubana Darshan



Saturday, July 6th 2019—09.30 AM

Lord Sri Jagannath

Ratha Jatra



Please Contribute \$51, \$101, \$151, \$201, \$251

Contribution is tax deductible

**You can pay online Ratha Jatra and Havan
Contribution <http://www.fremonttemple.org/donate/php>**



FREMONT HINDU TEMPLE

Vedic Dharma Sarva
Fremont Hindu Temple

PRESENTS

SRI JAGANNATH RATHA JATRA & BAHUDA JATRA AT FREMONT HINDU TEMPLE



PLEASE
CONTRIBUTE
(Any contribution
is welcome)

\$51, \$101, \$151, \$201, \$251, \$510, & patrons \$1001
all donations are tax exempted under Temple 501(c) status



Ratha Jatra and Havan Contribution
<http://www.fremonttemple.org/donate/php>

RATHA JATRA JULY 6, 2019 [SATURDAY]

9:30 - 10:00 AM	Shodashopachar Puja
10:00 - 11:00 AM	Bhajan (Main Temple)
10:45 - 11:00 AM	Ratha Puja, Aajnaa Malaa to Ratha
11:00 - 11:45 AM	Mangalaropan, Tahia Laagi, Pahandi to Ratha
11:45 - 12:45 PM	Chhera Panhara and Ratha Jatra
12:45 - 1:15 PM	Pahandi to Gundicha Mandira
1:15 - 1:30 PM	Puja, Bhoga, Arati and Prasad
1:30 pm	Preeti Bhoj

BAHUDA JATRA JULY 14, 2019 [SUNDAY]

3:00 - 3:15 PM	Panchopachar Puja
3:15 - 4:15 PM	Ratha Puja, Mangalaropan, Aajnaa Maala, Pahandi of Deities to Ratha
4:15 - 4:45 PM	Chhera Panhara, Bahuda Jatra
4:45 - 5:15 PM	Pahandi to Temple
5:15 - 6:00 PM	Besha Change (Suna Besha), Bhajan
6:00 - 6:30 PM	Shodshopachar Puja
7:00 PM	Preeti Bhoj

For Sponsorships & Puja contact Fremont Temple

Deepak Chhabra 510 299 9771
Ramesh Japra 510 593 7844
Manorama Joshi 510 200 4721

Mahesh Pakala 510 789 7100
Govind Pasumarthi 510 565 4486

Reena Patnaik Rao 510 910 2823
Rajesh Verma 510 414 8679
Judhajit Majumdar 510 938 8777

Fremont Hindu Temple

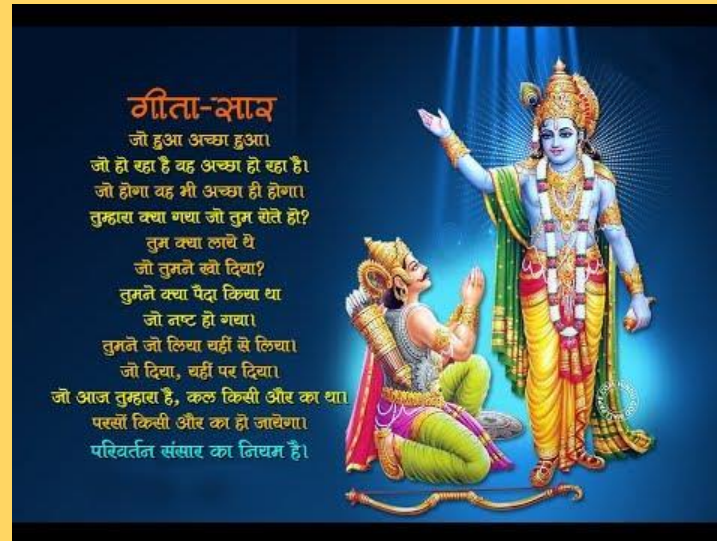
3676 Delaware Drive, fremont, CA, 94538 | Phone (510) 659-0655

For more details please visit our
www.fremonttemple.org

BHAJAN / KIRTAN / PRAVACHAN

July 7th 1st Sunday (Every Month)

11.00 AM to 01.00 PM



Gita Group -Gita Discussion

Group Reading of Gita shlokas in Sanskrit from Gita chapter 18 and translating them in English. Speaker of the day, Raghu Malladi, will speak on a spiritual subject of his choice. I will answer some of the previously outstanding questions. The subject of my talk is " Human life from birth to death and beyond."

The wisdom of Vedic tradition along with quantum physics reveals that we are not limited human being in these bodies, but are multi-dimensional beings who create their own future beyond this life through every thought, word and deed. Life and death are inter linked to each other. During one's life span Consciousness exists and after death it does not. Line between life and death is not a wall, but one permeable curtain, a thin barrier.

Being born means arriving at another chance at life. The process repeats itself over and over, each time progressing to a slightly higher closeness to God in each subsequent reincarnation.

The soul trajectory is always upward. Your karma sees to it that your actions will always be better in next reincarnation. But once your Karma have worked themselves out and human raise themselves to the level of being a saint or sage, you may be able to influence the lives you incarnate and also through your karma, you can exhibit the skills of being an artist or a musician even at a very young age. When you are born, you bring along the talents you have developed from all your previous reincarnations -----.

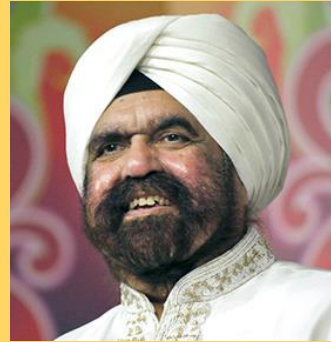


July 13th Saturday

10.30 AM to 01.00 PM

Saraswati Hall

Lecture by Arvind Naik



Daily meditation helps us counteract the negative influences and impressions we receive during our day-to-day life in the world. Sant Rajinder Singh Ji Maharaj



**Topic: - The Science of Meditation in
Bhagavad Gita**

Arvind, is a long-time meditator, will lead this helpful and stimulating workshop for old and new meditators, demonstrating the most natural and effective techniques of meditation, and giving many useful directions for deepening and stabilizing our meditation practices to gain more inner bliss and peace. There will be a short meditation sitting for new or advanced meditators

MBA, educated as an Electronics Engineer, works as Technology and Business Professional in Minneapolis area. Working with his wife he leads the Science of Spirituality Meditation Center (<http://sosmn.org>) Programs and as a Public Relation and Outreach coordinator. He has been studying a practical form of meditation under a world renowned spiritual teacher Sant Rajinder Singh Ji Maharaj for over 12 years.

How the science of meditation has been explained in Gita which continues to be taught consistently by great saints and sages through the modern ages. Meditation is the essential outcome of Gita as well as all vedic scriptures who teaches our true nature and how we can realize it using a scientific approach.



Pradosham



07-13-2019, Saturday

6:30PM To 8:30PM,

In Balaji Temple



Mata ki Chowki



07-13-2019, 7:00PM to 11PM

On Every Month (2nd Saturday)

For Sponsorship please contact

Veena Birla @510-386-7842 or

Temple Admin @ 510-659-0655



14th July ,2nd Sunday (Every Month)

11.00AM -11.30AM

Bhajan by Bharati Bhen

11.30 AM to 01.00 PM

Gayatri Parivar special program on Guru Purnima day



ARYA SAMAJ HAVAN



July 14th 2nd Sunday (Every Month)

11.30 to 12.300

(Outside or Balaji Temple)

**Havan & Arya Samaj Traditions by Shashi Relan and Neelam & Subash
Khanijow**

Contact No. (Shashi Relan): 510-304-8427



Sunday, July 14th 2019

Lord Sri Jagannath

Bahuda Jatra @ 3 PM



July 15th Monday , Main Temple

Guru Purnima Special Program





06.00 PM Sai Satya Vrat

07.30 Pm Palki Seva , Bhajan





July 16th Tuesday GuruPurnima Day

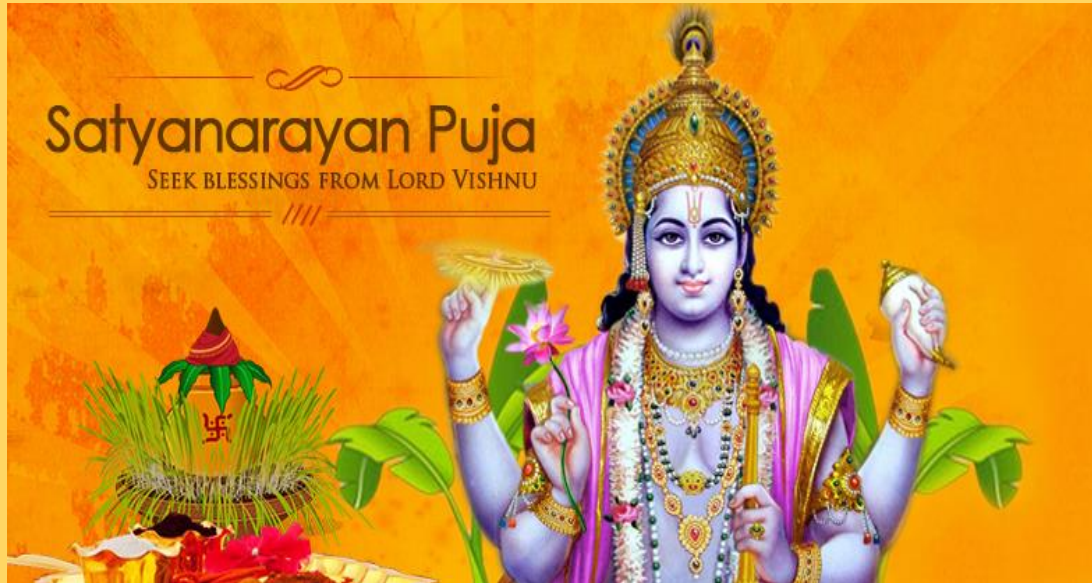
09.00 AM to 11.00 AM



Special Abhishek , Aradhana & Arati of Sai baba



SAMUHIK SATYANARAYANA KATHA



People worship Lord Satyanarayana, an extremely benevolent form of Lord Vishnu, and observe Satyanarayana fasting on Purnima day.

07-16th -2019, Tuesday

6:30pm to 8:30pm

In Balaji Temple

SANKATAHARA CHATURTHI



07-20-2019, Saturday 5:00PM TO 7:00PM Main Temple

BHAJAN / KIRTAN / PRAVACHAN



21st July ,3rd Sunday (Every Month)

11.00PM -12.00PM

By Girish Bhai , In Main Temple

12.00PM -01.00PM



**Maa Sathrupa of Divya Jyoti Jagrati Sanstha
Pravachan**



NEW!!

**Fremont Hindu Temple---Presents
Public Speaking with Confidence Summer Camps
Camps begin Monday! (7-13 years)
After successful 1st session , 2nd session starts
July 22 - July 26 (Monday- Friday)**

9 am - 12 pm

To enroll : More info call Ritu @ 510 573 2497

NEW!!!
FREMONT TEMPLE PRESENTS
PUBLIC SPEAKING & DEBATE CAMPS

Location: 3676 Delaware Dr, Fremont, CA 94538



Confidence breeds success! In any field, whether it's academics, music, or sports, students who have talent and confidence are the ones who become successful. Bring out confidence in your children with these life-skills camp filled with exciting activities and presentations. Is your Child Shy? Or Do they enjoy the limelight? **Our camps are ideal for both**

June 17 - 21 (Mon - Fri) 9 am - 12 pm Price: \$225 (Regular) After Discount \$157.50

Public Speaking & Debate: Presentation & Writing Skills Theme Superheroes

July 22 - 26 (Mon - Fri) 9 am - 12 pm Price: \$225 (Regular) After Discount: \$157.50

Advanced Public Speaking & Debate Theme: Sports & Team Activities

To register call Ritu @ (510) 573 2497 or Fremont Hindu Temple 510 659 0655

Age 7-13 years

Build Confidence
and Life-Skills in
your children this
summer!

Make Summer
Exciting & Useful for
them!

Our Focus

Public Speaking
Confidence Building
Creative Thinking
Leadership Skills
Persuasive Writing

Use Discount Code **TEMPLSEPL** to get 30% off!!

More info : www.guruseducation.com, 510 573 2497 (Tel)/ info@guruseducation.com (email)

Thursday, July 25th

05.PM to 09.00 PM

Mandala Puja— Outside Havan



Special program on 40th day of

{Pnar Pranpratistha of Fremont Temple Dities }



July 28th , 4th Sunday

(Every Month)

Bhajan Kirtan by Prabha Bhatnagar ji

11.00PM to 12.00PM

Main Temple



SHIVYOG SADHNA



SHIVYOG SADHANA MEDITATION

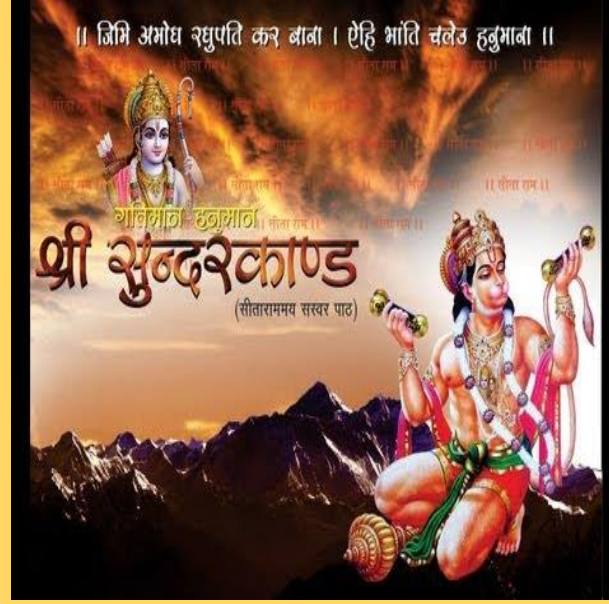
1st & 3rd Sunday (Every Month)

03:00PM to 05.00PM

(Saraswati Hall)



SUNDARKAND PATH



3rd Saturday (Every Month)

10:00AM to 01:00PM

Main Temple



Jhoole Lal Chandu Seva 2019

Ishta Dev Jhoole Lal Sain

There Will Be Regular Ongoing Events Weekly / Monthly.

Please Come with Family and Friends to Seek Blessings.

Weekly: Friday Evening: Aarti at 7.00PM (Every Friday)

Monthly: "Chandu" Aarti and Palav. Sindhi's All Over the World Observe the First Day After the New Moon Each month! As the day of "Chandu" worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled white Channa and sweet rice - Tanhiri are offered as the traditional parsaad.

Sindhi Sangat's Prayer Schedule

A. Weekly Friday evening worship.... Aarti at 7.00PM.

Sindhi's all over the world observe Friday as Tharoo'n day and worship Lal Sain, singing Aarti and offering prayers.

B. Monthly celebrations of "Chandu" Aarti and Palav. Sindhi's all over the world observe the first day after the new moon each month as the day of "Chandu" worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled channa and sweet rice - Tanhiri ar

Bring all your family and friends too.



Jhoole Lal Sain Chandu, Aarti & Palaki Seva, 07.00PM to 07.30PM

Jhoole Lal Temple (MAIN TEMPLE)



July 4, Thursday, 6.20pm to 6.50pm.

August 2, Friday, 6.20pm to 6.50pm.

October 29, Tuesday, 6.20pm to 6.50pm.

November 27, Wednesday, 7.00pm to 7.30pm.

December 27, Friday, 7.00pm to 7.30pm.





MAIN TEMPLE ACTIVITIES

- **Daily** **9:00AM 9.00PM** **Pooja/Archana/Arti** **Main Temple**
- **Daily** **8:00AM 8:30 AM** **Sai baba Kakar Arti** **Main Temple**
- **Daily** **8:30AM 9:00 AM** **Sai baba Abhishek** **Main Temple**
- **Daily** **6:00PM 6:30 PM** **Sai baba Dhoop Arti** **Main Temple**
- **Daily** **8:00PM 8:15 PM** **Main Templ Arti** **Main Temple**
- **Daily** **8:15PM 8:35 PM** **Sai Baba Shej Arti** **Main Temple**
- **Daily** **12:00PM 12:30PM** **Sai Baba Madhian Arti** **Main Temple**





Tuesday

Hanuman Sahasranama (Main Temple)

7:00PM To 7:30PM.

Hanuman Chalisa, Arti (Main Temple)

7:30 PM To 8:00PM.

Preti bhoj (Kitchen)



Wednesday

11:00AM To 1:00 PM

Senior Meeting and Yoga followed by lunch

(Saraswati Hall and Kitchen)



Thursday

8.00 AM To 10.00AM.

Sai Baba Abhishek (Main Temple)

07.00PM To 8:00PM.

Sai Baba Bajans, Arti, Preti bhoj (Main Temple and Kitchen)



SUNDHARKHAND PATH

Every 3rd Saturday

10:00AM To 12:30PM

(Main Temple)



BALAJI TEMPLE ACTIVITIES

Venkateshwara Suprabatham

Daily, 9:00AM To 9:30AM.

Balaji Pavalimpu seva/Shayan Utsav – Arti

Daily, 8:15 PM To 8:30PM.

Balaji Abhishek, Alankar, Archana, Arti



Saturday, 09:30AM To 01:30PM.

Shiva / Rudra Abhishekam

Monday

7:00PM To 9:00PM.

Balaji Temple



Laxmi Abhishekam

Friday, 11:00AM To 1:30PM.

Balaji Temple



Jagannath Pooja and bajans



4th Sunday

7:30PM To 8.00PM, (Balaji Temple)

Every Sunday

11:00AM To 12:30PM, (Balaji Temple)

Jagannath Abhishek, Alankar, Arti, Archana



NAVAGRAHA AND GANAPATI



Abhishek, Alamkar, Archana, Arti

Saturday

11:00AM To 1:30PM.

(Navgrah temple)



KALI MA PUJA



Everyday Morning Arti

8:00AM To 8:30AM.

Every Sunday 6:30PM To 7:30PM.

(Main temple)



SARASWATI HALL ACTIVITIES



Every 1st & 3rd Monday

10:30AM To 1:30PM

Gujarati Seniors Mitra Mandal

Meeting, Yoga and Food



TEMPLE MEETING



Tuesday

6:30PM To 8:00PM

Saraswati Hall





Thursday

4:00PM To 8:00PM

Kathak

(In Saraswati Hall)





Friday

4:00PM To 8:00PM,

Bharat Nattyam

(Saraswati Hall)



Saturday

8:00AM To 10:00AM

Yoga by Sky

(Saraswati Hall)



Sunday

YOGA WITH FUN AND LAUGHTER

8:00AM To 10:00AM, (Saraswati Hall)

HSS

10:00AM To 11:30PM, (Saraswati Hall)

Sindhi Class

12:30PM To 2:00PM, (Saraswati Hall)

Shiv Yog Meditation

1st & 3rd Sunday

3:00PM To 5:00PM, (Saraswathi Hall)



Library ACTIVITIES

- **Saturday**

Geeta Class

11:30AM To 1:00PM (Library)

- **3rd Sunday**

Satsang

10:00AM To 12:00PM (Library)



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